

Couples

Lose the lovers' locks

Travelling with your significant other is a great opportunity to ramp up romance, but grand plans can easily fall victim to cliché. **Helen Raine** discovers some more unusual pastimes for two to enjoy this summer.

It's the perfect time to get away from it all, to escape the daily grind and enjoy a little romance. But with so many options, it can be hard to choose. Here are some ideas to help you decide.

Change up the scene

Try a new destination, a new activity, or a new way of seeing the world. It's all about breaking the routine and creating new memories.



Another option is to try something new, like a cooking class or a wine tasting. These activities are not only fun but also provide a chance to learn something new together.

"You can take a road trip and see everything from here to there in one go!"

For those who prefer a more relaxed approach, a beach vacation or a stay in a charming B&B might be the perfect choice. The key is to find something that suits both partners' interests.

Weeknight escapes

Even a short weekend getaway can make a big difference. Consider a city break or a nature retreat. The important thing is to spend quality time together.

For a truly unique experience, try a couples spa or a hot air balloon ride. These activities are sure to create lasting memories.

Coconut nuts

Coconut painting is a fun and creative activity that can be done anywhere. It's a great way to spend time together and create a keepsake.

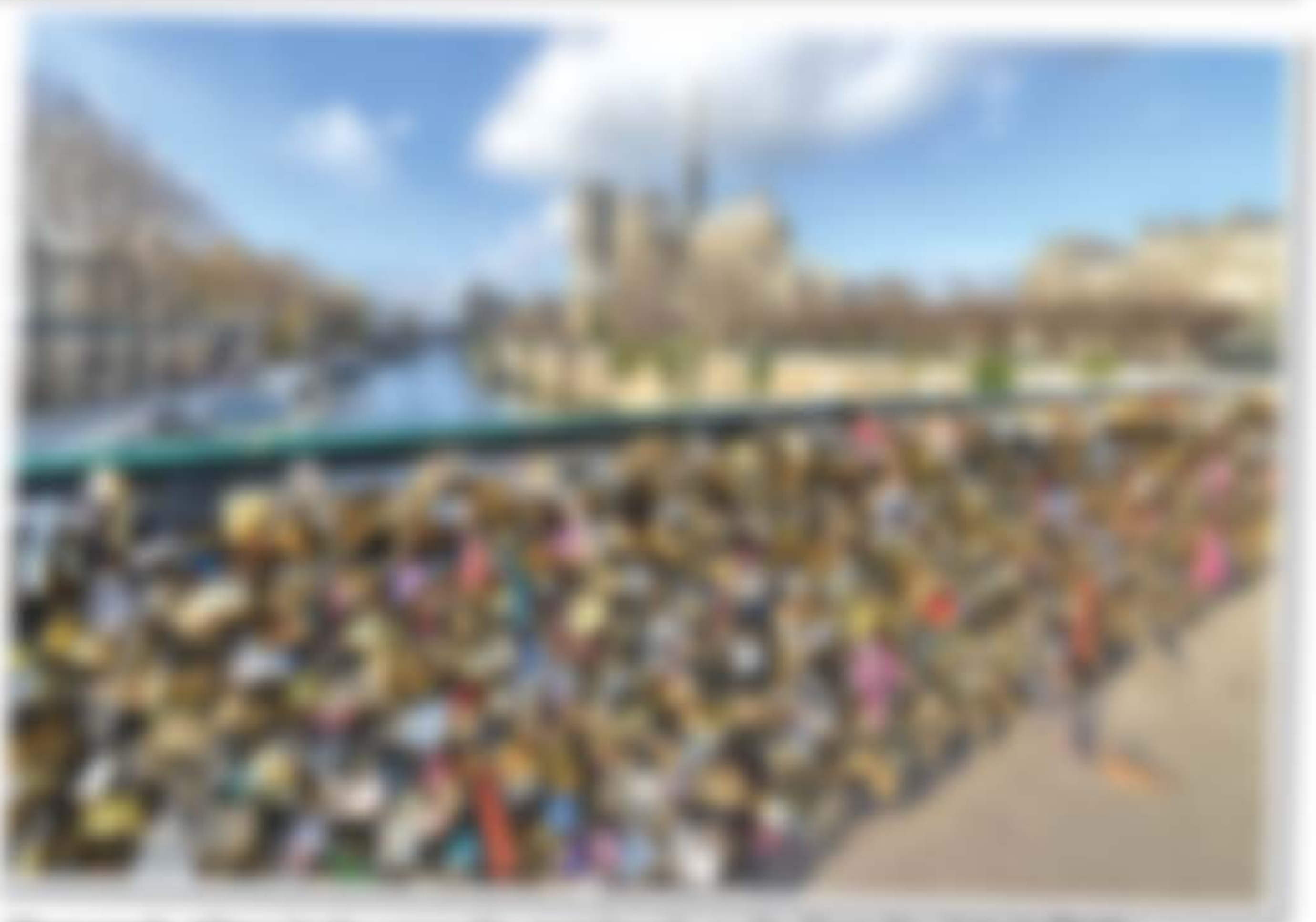
(Coco) nuts about art

Coconut painting is an art form in the Caribbean so check out the offerings in the local shops to see how it's done, then crack open the Crayolas and paint your own lover's coconut as a memento.

Ti Kaye in St Lucia is the perfect place to do it. You'll stay in a cute little cottage on a cliff top with a stunning sea view.

Each room has an outdoor shower, hammock and rocking chair and some have a plunge pool too. It couldn't be more romantically inspiring.

Seven nights, including flights from London, will set you back around €2,326 with www.kenwoodtravel.com.



Be inspired by the gorgeous surroundings of Ti Kaye resort in St Lucia and try coconut painting.